



DOWN SYNDROME ASSOCIATION
of Houston

DSAHO TODAY

June / Summer Edition 2011

THE DOWN SYNDROME ASSOCIATION OF HOUSTON'S MISSION IS TO CREATE AWARENESS AND ACCEPTANCE OF CHILDREN AND ADULTS WITH DOWN SYNDROME THROUGH ADVOCACY, SOCIALIZATION, EDUCATION AND MEDICAL OUTREACH.

WE ENVISION A WORLD IN WHICH ALL PEOPLE WITH DOWN SYNDROME HAVE THE OPPORTUNITY TO ENHANCE THEIR QUALITY OF LIFE, REALIZE THEIR LIFE ASPIRATIONS, AND BECOME ACCEPTED AS A WONDERFULLY NORMAL PART OF A VERY DIVERSE COMMUNITY.

DSAHO June Monthly Meeting

Saturday, June 25, 2011 • 10:00 am and 1:00 pm

Speaker: Robin Rettie, M.Ed. Special Education

Robin Rettie, M.Ed. Special Education, is an Advocate & Consultant for parents whose children receive education under Individuals With Disability Education Act (IDEA). Robin will be presenting, Using Evaluations & Data to Drive IEP Planning: A Parent Friendly Roadmap to the IEP Process. Robin is the founder of Lighthouse Learning & Resource (LLR), a unique store located in NW Houston. LLR was founded in honor of Robin's sister, Laurie Lorraine Rettie (LLR), who was born with special needs. LLR is part retail filled with unique learning tools for children with unique needs, part Advocacy & Consulting, and part services. LLR will be hosting unique training opportunities for summer, 2011. Visit LLR's website for further information regarding LLR's philosophy, retail, and summer programs. www.LHlearningresource.com Lighthouse Learning & Resource ~ 10928 Grant Road ~ Houston ~ 77070. Development of the IEP is such an important process. Don't miss this opportunity to learn something new and have your questions answered.

Don't miss our lunch time Pantomime Show! Our own DSAHO Mime Troop will be showcasing their talents! We look forward to seeing you at the meeting!

Paula Davis, Vice President

NON-PROFIT ORG.
U.S. POSTAGE
PAID AUTOMATED
PERMIT NO. 207
HUMBLE, TEXAS

Down Syndrome
Association of Houston Inc.
7015 West Tidwell
Bldg G, Ste. #108
Houston, Texas 77092
www.dsaoh.org
713-682-7237

President's Corner

Dear Members and Friends,

Welcome to summer! I hope that the new season brings something wonderful to your family!

I want to take a moment to review by age groups some important information for individuals with DS:

Birth-Three years old 1. Register your child for the Waiting List (called the Interest List) with the state Waiver Programs if he/she does not qualify for Medicaid; go to www.dsah.org and look under the Resources button and Waiver Programs. Status on the 8-10 year Waiting Lists must be checked yearly. 2. A baby with DS qualifies for Early Childhood Intervention (ECI). The family chooses whether to receive therapy services through state-designated agencies divided by Zip Code (such as MHMRA/Keep PACE) where there is a cost share with families paying a portion of the total cost, or, the family may decline that agency and pay privately for the therapist of your choice. See the state website at <http://www.dars.state.tx.us/ecis/searchprogram.asp>.

Three-Five years old Your child may enroll in the public school preschool program (free), but this is optional and should only be a half day. Some families may choose therapy only. A new program is being developed to assist you in preparing your 3-4 year old child for kindergarten. More details to come.

Six-Twenty-One years old Public school enrollment available; family must advocate for child's best placement and progress. All children with DS can learn, but at their own pace. Transition planning (from school to work) should start at 14 years old. Government health benefits and Guardianship issues should be examined at 17 years old.

Twenty-Two years old and older Work, school, or a combination may occur. Family must advocate and plan. Families can help expand our Adult Program, currently 2 days a week, by participating in our Capital Campaign. Our own DSAH Adult Program, with vocational training and job placement, can answer the lingering question: what happens after high school?

These are just a few highlights of critical information. The staff at the DS Resource Center can help you with more information to help your loved one with DS.

Remember—you are not alone in any challenges because we are here to help you. Have a wonderful June!

Ann P. Fontenot, SLP
DSAH President

Shop at Down Syndrome Footprint Store

between June 1st- July 15th and DSF will donate a portion back to DSAH! Follow the link from www.DSAH.org and simply enter "DSAH" at checkout in the Vouchers Code section. Or visit: <http://www.downsyndromefootprint.com>



The Down Syndrome Footprint Store takes great pride in being the only store to guarantee that every 100% Authentic Down Syndrome Footprint product is made or packaged by an individual with DS. Thank you for shopping with DSF and employing individuals with DS.

DSAH Logo Merchandise Now Available!!

Rule 4 has partnered with DSAH providing unique embroidered DSAH logo merchandise. With a huge selection from clothing to bags, from babies to adults in all sizes and colors, the entire family can proudly show their support for DSAH with beautifully embroidered DSAH merchandise. A portion of each sale is donated back to DSAH! Items can also be customized with your community group!

Visit: www.companycasuals.com/dsah



Save the Date for Christmas in July!

When: July 15th, 2011

Where: Ten Thousand Villages (Rice Village)

Time: 6pm - 8pm

Come shop at Ten Thousand Villages on July 15th, and DSAH will receive 15% of the net sales. Invite your family and friends and start stocking up on Christmas presents.

Ten Thousand Villages is a nonprofit, self-supporting, non-governmental, and fair trade organization, designed to benefit artisans, not to maximize profits. They market hand-made products (jewelry, toys, musical instruments, household accessories, and holiday décor) from artisans in low income countries and provide consumers around the world with products that have been fairly purchased from sustainable resources.

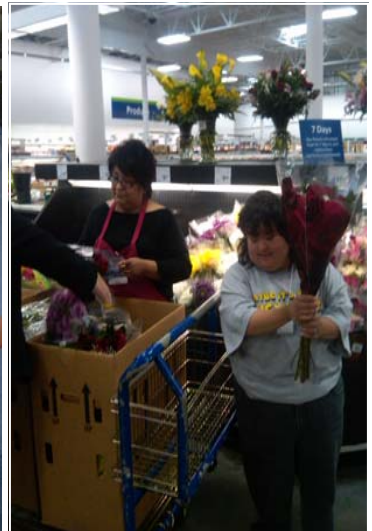


Sam's Community Day 2011

The Education for Life Students were invited back to the 2nd Annual Sam's Community Day.

Each student was paired up with a Sam's associate to learn their duties. Some were cashier assistants, others were greeters, some assisted the bakery, floral and deli departments. All of the students did a wonderful job and all of the Sam's staff was just great!

Thank you for inviting us, this experience really has made a huge impact on our student's lives!



People First Language

Communicating about individuals with Down syndrome with both positive and accurate language is important in education and advocacy. It is important to keep in mind to use the person first, not the disability. For example, we don't say "the Down's child".

Instead we say "my son/daughter with Down syndrome."

BUDDY WALK 2011

We are 6 months away from our 11th Annual Houston Buddy Walk! I really have to THANK all of the team captains that have signed up within the last month! I'm thrilled to let you know that within 24 hours of having www.houstonbuddywalk.org go live, we had a \$3,000 donation! Thank YOU Jamming for Justin Team!

I really want to emphasize that team captains will be paying close attention to the donations they receive. This year, we are implementing some new guidelines for sponsors. If a donation of a certain level is received, the team captain or donor **will be responsible for submitting a sponsorship form along with it in order to receive the sponsorship benefits.** All donations received **without** a sponsorship form will be designated as such, not as a sponsorship. All sponsorship opportunities are found on www.houstonbuddywalk.org, dsah.org and in your Team Captain Packet.

Tip of the Month

You can submit your orders for buttons, posters, Acrylic Team pictures and ITP Bios TODAY! Don't wait until the last minute!

Sponsorship Opportunity Highlight – Fun Ride Sponsor

Do you have someone that could donate \$1,000 to your team? Then they can be a Fun-Ride Sponsor! This sponsor will enable us to have several carnival type rides at our walk providing hours of entertainment! (For full benefit descriptions, see Sponsorship Opportunities.)

We continue to have monthly team Captain Meetings! Check our website for details! If you have any questions please e-mail me at buddywalk@dsah.org

Alejandra Lima
2011 Buddy Walk Director



ARD Organization Workshop

Have you ever truly understood all the documents that are presented to you during an ARD meeting? What do you do with all the ARD papers? What is important to keep and for how long? How can you become a better advocate for your children? Join us at the Lighthouse Learning & Resource for a workshop beginning with time to get your ARD papers organized in binders followed by a presentation with Sarah Beebe of Disability Rights Texas.



June 18, 2011
10928 Grant Road
Houston, Texas 77070
832-478-5555
www.LHlearningresource.com

10:00-11:00 Organize Your Binders with Robin Rettie
11:00-12:00 "Know Your Rights" with Sarah Beebe

All you need to bring is your stack of ARD documents, binders, post-it notes, and dividers. Supplies will be available for purchase, but must be ordered prior to the workshop. Please let us know if you will be coming, need supplies, or if you have any questions by emailing Lore Mason or Sonia Camarillo at milomason@sbcglobal.net. This is the first of a series of workshops with the Down Syndrome Association of Houston, Robin Rettie of Lighthouse Learning & Resource, and Disability Rights Texas. Please let us know what other topics you would like to attend for future workshops. We're here for you!

Lighthouse Learning & Resource is registering children for Family Literacy Network one-on-one reading instruction and for PAWS - Social Skills Training using video modeling and trained dogs. Both programs begin in June. Registration is quickly filling up for both opportunities.

Contact Robin @ 832-478-5555 or robin@LHlearningresource.com for either program. Contact for reading instruction: 713-784-7373 or help@familyliteracy.info. Contact Lesley @ les_zentz@yahoo.com for PAWS social skills training program. Visit www.LHlearningresource.com for more information.

Camp Ability Summer Day Camp 2011

Camp Ability is a summer day camp for children/teens with Down syndrome and their siblings ages 3-17 years at our Resource Center. We'll have crafts, music, games, reading, writing, movement, a snack, and most of all-fun! The one-week sessions are for preschoolers (3-6 yrs), school aged (7-12 yrs), and teens (13-17 yrs). Our theme is Dinosaurs! Ann Fontenot (DS President) is Camp Director. Cost for the entire week, not per day, is \$60 for all day 9 AM-4 PM and \$30 for half day which is 3 hours either morning 9 AM-Noon or 1-4 PM.

Dates:

Session I	Preschoolers 3-6 years old	June 20th-24th
Session II	Teens 13-17 years old	June 27th-July 1st
Session III	School-aged 7-12 years old	July 25th-29th

Registration Forms are available at the DS Resource Center or online at www.dsah.org. Please join us for our Third Annual Camp Ability! Contact Ann at president@dsah.org for more information.

Brian Horn Joins DSAH Board

Best-selling author, Brian Horn, is recognized by many as the “SEO Guru to the Stars” because of his role in helping many of the top celebrity entrepreneurs in the world with the search engine optimization and internet marketing.

Brian has consulted with these marketing titans in secrecy for nearly 5 years before exploding onto the scene in 2009. Brian has been profiled and featured on ABC, CBS, NBC, Fox, Forbes, Advertising Age and dozens of other media outlets. Inc Magazine recently named Brian as “The Be On Page 1 of Google Guru” and an “Emerging Business Leader to Watch”.

This is an excerpt from Brian’s upcoming book, “How to Backlink: Using The Instant Linkerati Mafia to Reach Page 1 of Google” where he talks about the birth of his son, Jackson:



No matter how far I have come in my life and my career, the birth of my son was by far the most exciting, happiest day of my life. Jackson was born on a Monday, and while we were waiting to go home on Tuesday the nurse came in to do final checks on mom and Jackson. Once she checked Jackson she said that his temperature was about two degrees cold and that she was going to take him to the nurse’s station to check on him. Not even 10 minutes later, my mother-in-law comes running into the room with tears running down her face saying, “Something’s wrong with Jackson. Something’s wrong with Jackson. Come quick.” I started running down the hall and over the intercom I heard, “Code Blue. Code Blue. Code Blue.” There were nurses and doctors blowing past us at full speed and once we got there we saw our poor little six pound baby completely blue in color. He wasn’t moving. The doctors and nurses were working on him and in just five to ten seconds his color started to come back. They ended up putting an oxygen mask on him to help him breathe.

After a few moments, the doctor came out and said that they were going to have to keep him there for a while and put him in the NICU, which was just an awful way for him to start his life. He had a breathing tube and all types of different monitoring devices on his chest. I didn’t know it at the time, but it is a standard precaution. A baby’s vein is too small for an IV in their arm so they have to put the IV in their head. They shaved Jackson’s head and had to stick his head with needles three times before they could get a proper vein.

After a while the doctor pulled us aside and said, “We don’t know what’s wrong with him. We’re going to have to do tests.” He listed the most horrible sounding things that you could imagine – every single one was worse than the next. We lived at the NICU for the next several days and over the course of Wednesday and Thursday morning the doctors came back to only say it’s not this and it’s not that, which was extremely frustrating. It looked like what happened was “just something that happened” and there was nothing to worry about. Everything was going to be okay.

The nurses told us that he was doing very well, eating on his own and was off the breathing tube. It looked like we were going to be able to take baby Jackson home, but on Thursday the doctor sat us down and said, “Mr. Horn, I’m sorry to inform you, but your son has Down syndrome.” I never thought in a million years that would be something I would deal with.

The doctor preceded to list all of the things that Jackson was not going to be able to do, stating that he wasn’t going to be able to crawl like a typical child and that he will not walk until he is two or three years old. The doctor also said that he would probably not recognize us and that we would have to take care of him for the rest of our lives.

It was crushing, because at that moment it was like we had lost our child. The little boy I’d dreamed my whole life about was gone and I had this new child. We were still excited about him and still loved him, but everything the doctor was telling us was awful. He deserves a normal life.

We decided to go ahead and move on, and brought him home with us shortly thereafter. He was doing extremely well, everything was great but I couldn’t get everything the doctor told us out of my head. I kept thinking about what he wouldn’t be able to do. Well, a couple of nights after we brought him home, I was lying in bed watching TV with Jackson on my chest. He was lying there kind of awake and all of a sudden he looked like he wanted to do something. So I pushed on his legs and he slid up. I put them a little higher, and he slid up. He was just two weeks old.

Jackson didn’t listen to the doctor; I did. I listened to every single word he said. But Jackson believed that he could do things. He said to himself, “I can do it.” This is something that is a gut human instinct and it was something that he knew he wanted to do. This being said, there are a lot of things that we can learn from this little two-week-old baby. After all, I’ve learned from him more than I’ve learned from men I’ve known for years.

GUESS WHO'S TURNING 30? ISRAEL LOPEZ III THAT'S WHO!!!

Israel is turning 30 and he is so excited. He was born on June 13, 1981 at St. Joseph Hospital in downtown Houston. His heart stopped for a few seconds the day after he was born, but once it started up again he never had problems with it. Israel was in and out of the hospital with respiratory problems until around 12 years old.

Being in school was hard because the regular education kids would pick on him. I spoke to his principal and we both agreed that the kids needed to be educated on what a person with Down syndrome is like. I wrote a speech, explaining Down syndrome, and Israel read it to his middle school class and other classes too. Not everyone changed, but the majority of the kids saw Israel more like them after he told them his hopes and dreams.

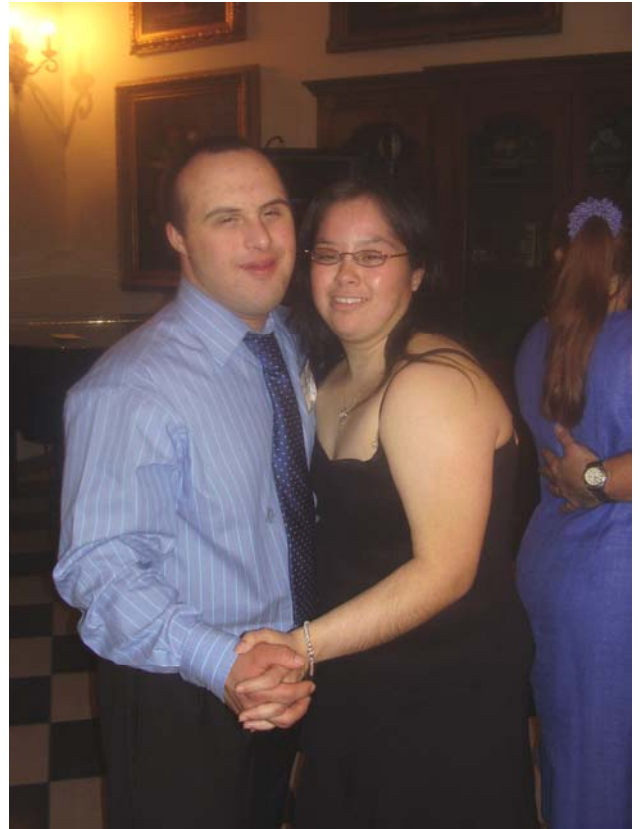
Israel went on to do his speech in high school and he was asked to do his speech to doctors, teachers and other special needs professionals at St. Thomas University. Israel attended Kingwood High School and graduated in 2001. He also attended Kingwood College for 2 years with Project Connection and another half year on his own, where he studied rock and roll music history.

If anyone knows Israel you know that he likes to be the center of attention and a leader. In high school many boys were bleaching their hair, so Israel bleached his and shocked his classmates when he showed up with blond hair. He kept that look for quite a while.

Israel has known his best friends since they were 7 years old. Diana Delgado has been his girlfriend for over 15 years. They hope to settle down and marry someday. Israel currently volunteers at the Kingwood Library and enjoys his job and interacting with the library staff. He also is attending the Village Learning Center in Kingwood where they work on math, English, workbooks, exercise, go bowling, go to the movies and the center provides many activities like celebrating birthdays, Mardi Gras, Rodeo Day and many more. Squeezed into Israel's busy schedule, he also participates in Special Olympics bowling, swimming and square dancing.

Our family prays that Israel has many more wonderful, happy, healthy years ahead of him surrounded by all the love of his family and friends. May God bless you Israel, we love you very much.

Mom and Dad



CLUB 21 Activities

Our April Sleepover was another great success!! We had 16 attendees for the festivities. The girls were treated to manicures courtesy of Hillary Mraz. The guys seemed to favor video games. And, everyone loved karaoke & dancing!!

Be sure to mark your calendar for our next Club 21 event on Saturday, June 18th. We'll have an Outdoor Picnic & Yard Games from 6:00—8:00 pm. The Sleepover will start at 8:00—so bring your sleeping bags & PJs and join us for the fun and games!!!



May Fiesta Dance Wrap-up

Our teens & adults had a great time! About 175 people attended our Fiesta Dance on Saturday, May 7th. CiCi's Pizza and desserts were served for dinner.

Join us on July 9th for the Hawaiian Dance. And, be sure to check www.dsah.org for more photos of the Fiesta Dance.



ACTIVITIES BY AGE GROUP

DSAH monthly events are listed on the calendar on page 12. For full details & contact information, please check out the Event Calendar on the web at www.dсах.org or call 713-682-7237.

AGES 0—6:

Gymboree

AGES 6—12:

Easter Seals Respite
Socializing on Saturdays
SibClub

AGES 13 and above:

Fiesta Dance
Sleepover
Easter Seals Adult Social Club

FAMILIES:

D.A.D.S. Meeting
Diversity Outreach Meeting
Baytown Area Community Group
Spring Community Group
North Side Community Group
Pearland Community Group
Katy Community Group

SAVE THESE DATES

NDSC 39th Annual Convention

August 5-7, 2011

JW Marriott Hill Country Resort, San Antonio, Texas
www.NDSCcenter.org

2nd Annual Kase Marshall Golf Tournament

Benefitting DSAH

October 28, 2011

Long Wood Golf Course

DSAH 4th Annual Gala—A Night in the French Quarter

September 17, 2011

Location: First Base Club, Minute Maid Park
Time: 6:30 PM-10:30 PM

Co-Chairs:

Ann & Will Fontenot, and Michael Harvey & Mia Garcia
Contact gala@dsah.org if you'd like to volunteer!

DSAH 22nd Annual Gathering of Friends

October 30, 2011

Christa V. Adair Park

DSAH 11th Annual Buddy Walk

December 3, 2011

Minute Maid Park

Working Towards a New Home... One Cup of Lemonade at a time

The Education for Life Students participated in Lemonade Day on May 1st. Our goal was to raise \$1,000 that would go towards our new home. For the past 2 months, our students have focused on how to prepare and sell lemonade to achieve their goal. Many math classes were focused on measuring the lemonade, others were focused on money skills and others were focused on how to greet costumers. Computer classes helped them create an organizational grid as well as a timeline. It was a true team effort!

We would like to thank all the parents, teachers and volunteers that helped us out with this project. We are happy to report that our 4 stands brought in a **total \$952.76!**



Nuestra Misión: "la de Crear conciencia y aceptación de niños y adultos con síndrome de Down a través de abogacía, socialización, educación y difusión médica."

Mensaje de Nuestra Presidenta

Queridos miembros y amigos,

Bienvenido al verano! Espero que la nueva temporada traiga algo maravilloso para su familia!

Quisiera darles de una forma resumida las cosas que como padres deben de tener pendientes de acuerdo a la edad de su hijo/a con síndrome de Down:

Desde el nacimiento hasta los tres años de edad

1. Inscríbase a su hijo en la Lista de Espera (llamada la Lista de Interés) con el estado si es que él / ella no califica para Medicaid; visite www.dsah.org y busque en el botón de Recursos la lista de Programas de Exención. Si usted está en la lista de espere, no se olvide de confirmar que usted quiere seguir en la lista anualmente.

2. Un bebé con síndrome de Down reúne los requisitos para la Intervención a Temprana Edad (ECI). La familia decide si desea recibir servicios de terapia a través del estado (como MHMRA / KEEP PACE) en donde hay un costo compartido con las familias que pagan una porción del costo total. La familia también tiene la opción de negarse a recibir servicios a través de las agencias y obtenerlos privadamente. Para un listado de agencias Visite <http://www.dars.state.tx.us/ecis/searchprogram.asp>

De los Tres a cinco años de edad de su hijo puede inscribirse en el programa preescolar de escuelas públicas (gratuitamente), pero esto es opcional y sólo debería ser medio día. Algunas familias pueden optar solo por la terapia. Un nuevo programa está siendo desarrollado para ayudar a en la preparación de su niño de 3-4 años de edad para entrar a la escuela. Más detalles por venir.

De los seis a los veintiún años, la escuela pública está a la disposición de la familia. Esta siempre debe de abogar por las necesidades de los estudiantes. Los niños con síndrome de Down pueden aprender, pero a su propio ritmo. Planificación de la transición (de la escuela al trabajo) debe comenzar a los 14 años de edad. El tema de la tutela debe ser examinada a los 17 años de edad.

De veintidós años de edad y mayores, pueden asistir a la escuela, a un trabajo o una combinación de estas dos. Lo importante es planear y abogar por ellos. Usted también puede ayudarnos en el futuro de su hijo involucrándose en la Campana Capital la cual está enfocada en expandir nuestro programa de literatura de 2 a 5 días a la semana. Nuestro propio programa de Adultos de DSAH puede responder a la persistente pregunta: ¿qué sucede después de la secundaria?

Estos son sólo algunos puntos que quisiera destacar este mes. El personal en el Centro Recursos está disponible para ayudarlo con más información.

Recuerde, usted no está solo en estos retos, estamos aquí para ayudarlo.

Que tengan un maravilloso mes de junio!

Ann P. Fontenot, M.C.D., CCC-SLP
Presidenta DSAH

Reunión Mensual

Sábado, 25 de junio 2011 • 10:00 am y 1:00 pm

Presentadora: Rettie Robin, M.Ed. Educación Especial

Rettie Robin, M.Ed. Educación Especial, es una Abogada y Consultora para los padres cuyos hijos reciben educación bajo IDEA. Robin estará hablando sobre el uso de evaluaciones y datos en la planificación del IEP: Una Guía Fácil para Padres para el Proceso del IEP. Robin es la fundadora del Faro de Aprendizaje y de Recursos (LLR), un almacén único situado en el noroeste de Houston. LLR fue fundada en honor de la hermana de Robin, Laura Lorena Rettie (LLR), que nació con necesidades especiales. LLR en su menor parte está llena de herramientas exclusivas de aprendizaje para niños con necesidades especiales al igual que proveer servicios de defensa y Consultoría. Para más detalles sobre LLR visite www.LHlearningresource.com Faro de Aprendizaje y Recursos ~ 10928 Grant Road Houston ~ 77070

Desarrollo del IEP es un proceso muy importante. No te pierdas esta oportunidad de aprender algo nuevo y que sus preguntas sean respondidas.

Además, no te puedes perder del show a la hora almuerzo! Nuestra propia tropa de Pantomimos de DSAH estarán demostrándonos su habilidades en un show exclusivo para ti!

Esperamos contar con su presencia en la reunión!

Paula Davis, Vice Presidente

"Camp Ability" Campamento de Verano

Diario del 2011

"Camp Ability" es un campamento de verano para niños / adolescentes con síndrome de Down y sus hermanos de edades de 3-17 años en nuestro Centro de Recursos. Tendremos artesanías, música, juegos, lectura, escritura, movimiento, una merienda, y sobre todo diversión! Las sesiones de una semana son para niños en edad preescolar (3-6 años), en edad escolar (7-12 años) y adolescentes (13-17 años). Nuestro tema son los dinosaurios! Fontenot Ann (Presidenta de DSAH) es directora del campamento. El costo para toda la semana, no por día, es de \$ 60 para todo el día de 9 a.m.-4 p.m. y \$ 30 para medio día que es de 3 horas ya sea en la mañana de 9 am al mediodía o de 1pm a 4pm.

Fechas:

Sesión I	Preescolares 3-6 años de edad	junio 20-24
Sesión II	13 a 17 años Adolescentes	junio 27 a 1 julio
Sesión III	en edad escolar de 7-12 años de edad	julio 25-29

Los formularios de inscripción están disponibles en el Centro de Recursos de SD o en línea en www.dsah.org. Por favor únase a nosotros para nuestro Tercer Campamento Anual de Camp Ability! Póngase en contacto con Ann en president@dsah.org para más información.

Mercancía de DSAH con nuestra insignia
Ya está disponible!

Rule 4 se ha asociado con DSAH para proporcionar a nuestros miembros la oportunidad de comprar mercancía con nuestro logotipo bordado.

Con una gran selección de prendas de vestir, bolsas, desde bebés hasta adultos en todos los tamaños y colores, toda la familia puede orgullosamente mostrar su apoyo a DSAH con bonita mercancía bordada.



Una porción de cada venta es donada de nuevo a DSAH! Los elementos también pueden ser personalizados con su grupo comunitario!

Visite: www.companycasuals.com / tablero

MARQUE SU CALENDARIO

Convención Anual #39 de NDSC

Augusto 5-7, 2011

JW Marriott Hill Country Resort, San Antonio, Texas

4ta Gala Anual de DSAH —

Una noche en el Barrio Francés

Septiembre 17, 2011

Ubicación: Club Primera Base, en el Parque Minute Maid

Hora: 6:30 PM-10: 30 PM

Co-Presidentes:

Ann y Fontenot Will, y Michael Harvey García y Mia

Póngase en contacto con gala@dsah.org si quiere ser voluntario!

2do Torneo anual de Golf Kase Marshall

Beneficiando a DSAH

Octubre 28, 2011

Long Wood Golf Course

22avo Festival de Amigos

Octubre 30, 2011

Christa V. Adair Park

11ava Caminata Anual de Amigos

Diciembre 3, 2011

Diamond Lot en el Parque Minute Maid

Apoye a DSAH con sus Compras

Desde el 1ero de Junio hasta el 15 de Julio, su compra en la tienda de Down Syndrome Footprint beneficia a DSAH. Visite la

tienda en nuestra pagina www.DSAH.org y cuando vaya a pagar entre la palabra "DSAHA" en la sección de Cupones. O visite: <http://www.downsyndromefootprint.com>



Down Syndrome Footprint se enorgullece en ser la única tienda que garantiza que los artículos son empaquetados por personas con síndrome de Down. Gracias por hacer compras con nosotros!

Marque su calendario para Celebrar la
Navidad en julio!

Cuándo: 15 de julio 2011

Dónde: Ten Thousand Villages

Hora: 6:00pm-8:00pm

Ven de compras a Ten Thousand Villages el 15 de julio, y DSAH recibirá el 15% de las ventas netas. Invite a su familia y amigos y empezar a abastecerse de Regalos de Navidad.

Ten Thousand Villages es una organización sin fines de lucro, diseñado para beneficiar a los artesanos, no para maximizar las ganancias. En esta tienda se expone el mercado de productos hechos a mano (joyas, juguetes, instrumentos musicales, accesorios para el hogar y la decoración de vacaciones) de los artesanos en los países de bajos ingresos. Al mismo tiempo proporcionan a los consumidores de todo el mundo con productos increíbles los cuales dan un toque único de belleza.

Pongamos a las personas primero, no
a la discapacidad.

La comunicación positiva sobre las personas con el síndrome de Down es algo muy fundamental en la educación y la promoción. Es muy importante tener en cuenta de poner a la persona primero y no a su discapacidad. Por ejemplo, no diga "el niño Down". En su lugar, diga "mi hijo / hija con síndrome de Down".

BUDDY WALK 2011

Ya estamos a solo 6 meses de nuestra Caminata de Amigos del 2011! Quiero agradecer a todos los Capitanes que han formado su equipo en el último mes! También quiero agradecerle al equipo Jamming for Justin que en las primaras 24 horas de tener nuestra página www.houstonbuddywalk.org al aire, obtuvo una donación de \$3,000! Mil Gracias a este equipo!

A los capitanes les pido que por favor se mantengan al pendiente de las donaciones que reciben. Este año, estamos implementando nuevas guías para los patrocinadores. Si una donación es recibida, el capitán de equipo o el donante **debe de hacerse responsable en entregar junto con esa donación una Forma de Patrocinio para poder obtener los beneficios como patrocinador.** Todas las donaciones recibidas **sin una forma** serán tratadas como donaciones y NO patrocinios. Las oportunidades de patrocinio las pueden encontrar en houstonbuddywalk.org, dsah.org y en su Paquete de Capitán.

Consejo del Mes

No espere hasta el último momento para entregar sus órdenes de botones, posters, foto del equipo y las biografías para el puesto del ITP!

Oportunidad de Patrocinio del mes – Fun Ride Sponsor

Conoce a alguien que pueda donar \$1,000 a su equipo? Entonces ellos pueden ser un Patrocinador al nivel de *Fun-Ride!* Este nivel de patrocinio nos permite tener varios juegos mecánicos en la caminata proveyendo así horas de entretenimiento! (para una descripción total de los beneficios, vea la hoja de Sponsorship Opportunities)

Continuamos con las juntas mensuales para capitanes! Revise nuestra página de internet para detalles. Si tiene alguna pregunta, puede mandarme un correo electrónico a buddywalk@dsah.org

Alejandra Lima

2011 Buddy Walk Director



ADIVINA QUIEN CUMPLE 30 ANNOS? ES ISRAEL LOPEZ III !!

Israel cumplirá 30 años este mes y esta muy emocionado. El nació el 13 de Junio de 1981 en el Hospital St. Joseph en el centro de Houston. Su corazón paro de palpar por unos cuantos segundos el día después de haber nacido, pero una vez fue revivido nunca ha dejado de palpar ni ha vuelto a tener problemas con el. Israel hizo muchas visitas al hospital con problemas respiratorios hasta sus doce años de edad.

Asistir a la escuela fue algo duro, ya que los estudiantes de clases regulares le hacían burla. Yo hable con la directora de la escuela y decidimos que lo que hacia falta era educar a los estudiantes con lo que significa ser una persona con síndrome de Down. Escribí una carta explicando que era el síndrome de Down e Israel la leyó a sus compañeros en la escuela. No todos cambiaron pero la mayoría vieron a Israel como ellos después de que el compartió sus sueños y esperanzas.

Israel también leyó su carta en el bachillerato y se le pidió que también la leyera ante doctores, profesores y otros profesionales en la Universidad de St. Thomas. Israel asistió a Kingwood High School y se graduó en el 2001. El también asistió Kingwood College por 2 años bajo el programa Project Connection y medio año adicional bajo su propia iniciativa en donde estudio la historia del Rock and Roll.

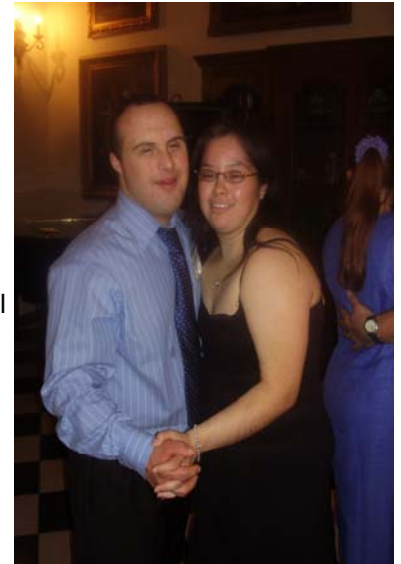
Si alguien conoce a Israel, sabe que le gusta ser el centro de atención y un líder. En el bachillerato mucho estudiantes se estaban decolorando el cabello, así que Israel también lo hizo dejando a muchos en shock. El mantuvo ese estilo por vario tiempo.

Israel ha conocido a sus mejor amiga desde los 7 años. Diana Delgado ha sido su novia por mas de 15 años. Ellos esperan poder casarse en un día no muy lejano. Israel actualmente voluntaria en la Biblioteca de Kingwood y disfruta mucho de su trabajo al interactuar con los trabajadores de la biblioteca. El también asiste al Village Learning Center en Kingwood donde trabajan en matemáticas, Ingles, ejercicios, van a jugar bolos, a bailes al cine y muchos mas. El Village Learning Center también ofrece actividades para celebrar los cumpleaños, idas al rodeo y mas. Israel también incluye en su ocupada agenda su participación en las Olimpiadas Especiales con los deportes de boliche, natación y baile.

Nuestra familia reza para que Israel continúe teniendo muchos cumpleaños felices llenos de salud rodeado por el amor de toda su familia y amigos.

Que Dios te Bendiga siempre Israel, te queremos mucho.

Mamá y Papá



Calendar of Events ~ Down Syndrome Resource Center ~ 7015 W. Tidwell, Bldg. G Suite 108 Houston TX 77092. 713/682-7237 ~ www.dсах.org ~ DSRC M-F 9:00a-2:00pm
 "DSAH TODAY" is a monthly publication of the Down Syndrome Association of Houston.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 NO CLASSES for *Education for Life *Adult Social Club * D.A.D.S. meeting 7p at RC	3 NO CLASSES for *Education for Life *Adult Social Club * Respite Night 6:30pm - 10:30pm	4 * Gymboree 10a-11a
5 * Diversity Group Celebrate Dad 1:30pm—3:30pm at Rainforest Café in Galleria	6	7	8* Katy Group Mom's Coffee Break 9:00am the Bagels Café @ Mason and Kingsland	9 * Education for Life 9am - 4pm * Education for Life Social Club 4pm - 6pm * BW Captain meeting 6pm—8pm	10 * Education for Life 9am - 4pm * Adult Social Club 4pm - 6pm * Respite Night 6:30pm - 10:30pm	11 * S.O.S. 10a-4p * Pearland Community Group Bayou Wildlife Park
12	13	14	15	16 * Education for Life 9am - 4pm * Education for Life Social Club 4pm - 6pm	17* Education for Life 9am - 4pm * Adult Social Club 4pm - 6pm * Respite Night 6:30pm - 10:30pm * Spring Community Group 7:00—9:00pm	18 * Gymboree 10a-11a * SibClub 11am-2:00pm * Katy Community Group @ Bagel Café 9:00am * Baytown Community Group 10a-12p—call for location * NorthSide Com. Group @ Moody Park 11:30a * Club 21 Picnic 6:00pm * Sleep Over 8:00pm
19	20 * Camp Ability Pre-School (3-6yrs) 9:00am—4:00pm	21 * Camp Ability Pre-School (3-6yrs) 9:00am—4:00pm	22 * Camp Ability Pre-School (3-6yrs) 9:00am—4:00pm	23 * Camp Ability Pre-School (3-6yrs) 9:00am—4:00pm * Education for Life 9:am—4:00pm * Adult Social Club 4:00pm—6:00pm	24 * Camp Ability Pre-School (3-6yrs) 9:00am—4:00pm * Education for Life ~ 9a-4p * Adult Social Club ~ 4p-6p * Respite Night 6:30- 10:30p * Diversity Group — Ladies Night out 7:30pm at Razzo in the Fountains	25* Monthly Meeting <i>IEP's / ARD's</i> 10am Eng, 1pm Spa Alex Angel's 11a Art w/ The River—10:30a Pantomime Troop—12:15pm Music w/ The River 1p
26	27 * Camp Ability Teen Week (13-18yrs) 9:00am—4:00pm	28 * Camp Ability Teen Week (13-18yrs) 9:00am—4:00pm * Board Meeting 7pm	29 * Camp Ability Teen Week (13-18yrs) 9:00am—4:00pm	30 * Camp Ability Teen Week (13-18yrs) 9:00am—4:00pm NO CLASSES for *Education for Life * Adult Social Club	1 * Camp Ability Teen Week (13-18yrs) 9:00am—4:00pm * NO CLASSES for *Education for Life * Adult Social Club	