



7015 W. Tidwell • Suite 108
Houston, Texas • 77092
713.682.7237 • www.dsah.org

EDUCATION • SUPPORT • AWARENESS • ADVOCACY • OUTREACH • PROGRAMS • CONFERENCES • SOCIALS

Dear Team Captain,

THANK YOU for signing up your team for the 2010 Houston Buddy Walk® and becoming a Team Captain! You will join the members and board of the Down Syndrome Association of Houston, as we team up to form what will hopefully be the **largest** Buddy Walk in Texas!

This year's Buddy Walk will be held Saturday, November 6th, 2010. 96% of the proceeds will benefit the Down Syndrome Association of Houston, a non profit 501(c)3 organization that provides much-needed services and programs to the families of people with Down syndrome, in Houston, and many surrounding communities. The National Down Syndrome Society will receive 4% of the proceeds, in order to continue their incredible work on creating national policies, designed to protect people with Down syndrome

The Houston Buddy Walk attracts over 3,000 participants, who walk the 1-mile course, on the trails of Buffalo Bayou, behind the Wortham Center. The *Buddy Bash*, held at Jones Plaza, follows the walk, and provides food, activities, and LIVE music entertainment for the whole family.

Enclosed you will find your Team Captain Package that is full of information that will help you make the best of your participation in the walk. As we celebrate our 10th Annual Houston Buddy Walk; we have made this a FREE registration event. We are however asking that you fundraise and help us reach our \$175,000 goal. In the Team Package you will find documents such as Fundraising Tips, directions to the venue, Corporate Sponsor letters and forms, our press release and the forms you need to submit your button and poster request and your child's biography for the ITP Tent. You will also find an envelope you can use to mail any funds collected to DSAH.

Some important dates to remember as a Team Captain are:

8/21 - SAT - 11 am-12pm: Team Captain's Meeting

9/30 - Last day to turn in your child's BIO for the Imagine the PossAbilities tent.

10/6 - Deadline for Sponsors to get Logo or Name added to back of T-shirts!

10/15 - Deadline for Registering to get a T-shirt added to your team bag! Shirts are only guaranteed if you pick them up ahead of time at the DSRC.

10/15 - Last Day for Ordering Buttons, Ribbon pins, and Posters

10/30 - T-shirt Pick-Up at DSAH Resource Center!! (Turn in donations when picking up T-shirts)

10/30 - Deadline to WIN Top 3 Fundraising Teams!! And Top 3 Individual Fundraisers! Online donations count up to 11:59pm of 10/30!

11/6 - 10th Annual Houston Buddy Walk - 1 pm - 5pm!!!

Your involvement in the Buddy Walk, either by walking with us, or by donating, will help make a brighter tomorrow for all individuals with Down syndrome.

We will walk, every year, for our child, for us, for our whole family - for every friend that we have made at the Down Syndrome Association of Houston - for every one of their beautiful children - and for every new baby that shows up at our monthly meetings with their proud parents. We will walk and help to raise awareness so that our children with Down syndrome, are accepted as a wonderfully normal part of a very diverse community.

Thank you for supporting all individuals with Down syndrome!!

Kristin L. Miller
Down Syndrome Assoc of Houston
Buddy Walk Chair
buddywalk@dsah.org 281-992-9022

Alejandra Lima
Down Syndrome Assoc of Houston
Executive Director
executivedirector@dsah.org 713-682-7237