

Our Athletes

"To Build a brighter future for our children and adults with Down syndrome"



Ashley Diver, 2yrs Old
Future balance beam walker



Down Syndrome Association of Houston and the Special Olympics of Texas present



The Young Athletes Program

DSAH and the Special Olympics of Texas have joined forces to offer "the Young Athletes Program". The Young Athletes is an innovative sports play program for children with intellectual disabilities and their siblings, designed to introduce them to the world of sports prior to Special Olympics eligibility at age eight." Also "Young Athletes engages children with intellectual disabilities through developmentally appropriate play activities designed to foster physical, cognitive, and social development."

Ages: 2 – 7

Dates: Phase I: June 15th – July 16th
Time: 11a-12pm and 3:30pm – 4:30pm

Phase II: July 20th – August 20th
Time: 11a-12p and 3:30pm – 4:30pm

At the end of each phase, we will be having a "Future Stars Sports Day" celebrating the achievements of our kids in the program.



Paquito Valadez, 2yrs Old
Future basketball player

**What will you be
when you grow up?**



Down Syndrome Association of Houston and the

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